

New Year's Day 2022
Biblical Forgetting and Refocusing
Message Notes, January 1, 2022

What does it mean to forget?

■ **Genesis 41:51**

Joseph called the name of the firstborn Manasseh. "For," he said, "God has made me **forget** all my hardship and all my father's house."

Forget: *nāšâ* to neglect, to intentionally disregard

■ **Isaiah 43:18-19**

¹⁸ "**Remember** not the former things,
nor **consider** the things of old.

¹⁹ Behold, I am doing a new thing;
now it springs forth, do you not perceive it?
I will make a way in the wilderness
and rivers in the desert.

Remember: *zākar* to recall, call to mind, brought to remembrance

Consider: *bin* to discern or perceive, to turn the mind to something

■ **Philippians 3:12-14**

¹² Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. ¹³ Brothers, I do not consider that I have made it my own. But one thing I do: **forgetting** what lies behind and straining forward to what lies ahead, ¹⁴ I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Forgetting: *epilanthanomai* to neglect, no longer caring for

What are we supposed to forget?

■ **Philippians 3:13b**

what lies behind

■ **Ephesians 4:31**

³¹ Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.

What are supposed to focus on?

■ **Philippians 3:13b-14**

straining forward to what lies ahead, ¹⁴ I press on toward the goal for the prize of the upward call of God in Christ Jesus.

■ **Ephesians 4:32**

³² Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

How do we maintain focus?

■ **1 Corinthians 11:23-25**

²³ For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, ²⁴ and when he had given thanks, he broke it, and said, "This is my body, which is for you. Do this in remembrance of me." ²⁵ In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me."